



# FREE THROW CHAMPIONSHIP



All boys and girls ages 9 to 14 are invited to participate in this year's Knights of Columbus Free Throw Championship sponsored by Santa Maria Council. The competition will be held **Saturday, January 11<sup>th</sup>** at **Good Shepherd School in Collingswood. Registration will begin at 12:00 PM and the contest will begin at 12:30PM.** The event is free and open to the public.

***Copy of birth certificate or other proof of age and written parental / guardian consent is required \*.***

The Free Throw Championship is sponsored annually with winners progressing through local, district, regional and state level competition. International champions are announced by the K of C international headquarters based on scores from the state-level competitions. All boys and girls 9 to 14 years old as of January 1 of this year are eligible to participate and will compete in respective age divisions. Last year nearly 179,000 sharpshooters participated in 3,000 local competitions.



**Age 9, 10 & 11; Boys & Girls** - Use a 28.5-size basketball and shoot from a 12-foot foul line at a 10-foot-high basket.



**Age 12, 13, & 14; Girls** - Use a women's 28.5-size basketball and shoot from the regulation foul line 15 feet from a 10-foot-high basket.



**Age 12, 13, & 14; Boys** - Use a men's regulation-size basketball and shoot from the regulation foul line 15 feet from a 10-foot-high basket.

At the Council level competition, each contestant receives three warm-up shots followed by 15 consecutive free-throw attempts from the appropriate age-designated foul line. To break a tie, contestants take a second round of five free throws. No warm-up shots are permitted for the tie-breaker rounds. Successive rounds of five free throws each continue until a winner emerges.

**For more information, call Joe Franciosa at 856-858-5546.**

**\* See entry form attached.**